



Stanton Bridge Safe Sleep Policy

Our sleep policy aims to provide a clear framework to ensure the health, safety and wellbeing of all children.

Our policy has been developed in line with advice provided by Lullaby Trust to minimise the risk of Sudden Infant Death (SUDI) and to reflect the requirements of the Early years foundation stage (EYFS) statutory framework.

A risk assessment will be conducted to ensure any hazards are removed from the sleep space and to ensure the environment is safe and secure.

To promote safe sleep practitioners will ensure:

- That parents/carers are informed immediately if their child falls asleep in the setting. Parents/carers will be told to collect their child if their child falls asleep in the setting.
- Young children who are sleeping are never left unsupervised.
- Young children who are sleeping will be monitored frequently.
- Physical checks are completed every 5 minutes.
- Where an emergency situation is identified, for example a child is choking or appears unresponsive, every practitioner is confident to act immediately, trained first aid staff will administer first-aid and seek assistance to contact the emergency services where necessary.
- The area the child has fallen asleep is clear of any toys.
- The child is sleeping on a snooze mat.

Where an older child falls asleep, we will need to consider:

- Are they at risk of harm in the place they have fallen asleep- can we make the environment safe without moving the child?
- Is it safe for the sleeping child to be physically moved?
- Consider waking the child to support them to move to a safe sleep space onto a snooze mat.