



Stanton Bridge Primary School

Footballer



Police Man



Teacher



Doctor



## Ramadan Fasting Policy

Summer 2020 - 2023

## Rationale

At Stanton Bridge our ethos is 'Crossing the Bridge to Success' this reminds everyone in the school community that our search for knowledge and skills has no boundary. Stanton Bridge stands as an example of that success - for work, for life, and future aspirations.

The leaders at Stanton Bridge have searched widely and deeply within their own expectations and attitude of what education in our school aims to achieve. We aspire for our pupils to flourish in a community that they proudly embrace with understanding, respect, tolerance and even an appreciation of the enrichment such experiences can bring to their own personal lives.

We strive onwards, and demand the very best from our pupil's, recognising that education equals prosperity.

We are relentless in the pursuit of developing a forward thinking and embracing community that collaborates and intrinsically connects with each other. By providing pupils with explicit opportunities & experiences, we enhance their learning.

Stanton Bridge aims to become a role model school and one that adopts a profoundly positive attitude towards all aspects of life including religions, cultures, and ethnic backgrounds. Hence, during the month of Ramadan, we understand that whilst fasting is not compulsory before the age of puberty in Islam, that some pupils are encouraged to fast or indeed wish to fast in preparation for adulthood. However, we **do not accept** fasting in years 1-3 and therefore will discourage it.

## Aims

**At Stanton Bridge Primary School, we aim to:**

- To acknowledge and respect the wishes of those parents and pupils who wish to fast, who are eligible for fasting including in adherence with health and safety considerations.
- To provide a safe environment for pupils who wish to fast during part or all of the month of Ramadan.
- To ensure the proper care of pupils is maintained and keep parents informed if their child is unwell.
- To celebrate the different faiths represented in the school population.

### **Implementation & process**

- All parents must inform the school in writing if they wish their child to fast for part or all of the month of Ramadan.
- If a child says that they are fasting, but the school has not received a letter from their parent we will attempt to contact the parent to clarify the situation.
- Pupils who are fasting will take part in PE lessons but staff will be aware that they are fasting but if they become unwell they will be offered water and food.
- Pupils who are fasting will be discouraged from running around vigorously at lunch time. They must use the quiet areas on the playground in order to conserve their energy.
- RE lessons and an assembly will be held during the school year to create an understanding of the Muslim faith and the festival of Eid-ul-Fitr.
- In the rare circumstances of a pupil becoming distressed or unwell when he or she is fasting, the school will encourage the pupil to break their fast by eating and or drinking water.
- If a pupil has a medical condition that could harm their health by fasting, the pupil will not be permitted to fast at school.

### **Health and Safety**

- Parents **MUST** inform the school via a letter if their child is fasting.
- The school will inform parents immediately if their child who is fasting becomes unwell.
- Pupils who fast must conserve their energy at lunchtimes and refrain from active games.
- Pupils will not be expected to take part in activities in the mornings.

### **Inclusion**

- There is mutual co-operation between the parents of children who are fasting and the school.
- All pupils in the school are encouraged to feel positive about their family, their culture and their faith.

**Date:** Summer 2020

**Review date:** Summer 2023