

Family Learning

Coventry Adult Education Service

'Positive Family Foundations' at Aspire Family Hub

A free Family Learning course for parents

These free sessions are for any parent / carer who has a child in a Coventry Nursery / Primary School.

Where: Aspire Family Hub Humber Ave, Coventry CV1 2SF

www.coventry.gov.uk/aspirefamilyhub

When: 1-3pm every Monday, from Monday January 9th for 10 weeks (if you need to leave early for school pick up that's fine)

To join: Just come to the venue at the time of the course, or you can enrol by searching for 'Family Learning' on <https://www.coventry.gov.uk/adulted>

To find out more contact: steve.withers@coventry.gov.uk or kate.steventon@coventry.gov.uk

There is a free crèche available for pre-school children – please let us know by email if you require a place.

We will:

- Learn about and reflect on, our own and other family units
- Look at practical examples focused on raising well-behaved, happy, safe and secure children
- Investigate general theory on parenting styles and family groups
- Consider how we as parents/ carers use rewards, consequences, rules and expectations
- Give out plenty of free resources and suggestions of activities to do with your children

The sessions are focused on practical information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

If you can't make this course look out for our online courses on coventry.gov.uk/adulted

Family Learning – programmes that promote strong positive relationships within families; enabling parents and carers to support their children's learning and development.