

Coventry School Nursing Newsletter

July — August 2022

Is your child eligible for free school meals?

Coventry Holiday Activities and Food Programme

If you qualify for free school meals for your child, you are also able to take advantage of free activities during the main school holidays with the Holiday Activities and Food Programme

All children in Reception to Year 2 automatically receive a free school meal. However, if your family also meets the eligibility criteria to enable a free school meal to be awarded it is important to make an application in order that your child's school can receive this pupil premium.

Take a look at the below link for more information:

<https://www.coventry.gov.uk/benefits-1/free-school-meals>

Are you worried about keeping your child safe from online hate and bullying?

Prevent and Cyber Safe Warwickshire have put together a guide for parents and carers about protecting children from online hate, extremism and how to stay safe take a look at the link below:

[warwickshire online safety leaflet.pdf](#)



HEALTH FOR TEENS

CONTACT US

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Charter School Nurse Team:

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Useful Resources!

Check out some resources which may be of help to your School, families, primary and secondary school children:

Checkout the links you've seen throughout the newsletter.

Additional support:

Autism support -

For Coventry based support service — <https://cwmind.org.uk/autism-support-service/>

<https://www.daisychainproject.co.uk/>

<https://www.autism.org.uk/>

For advice and support during these uncertain times you can visit some of the following websites for more information and support on your mental health and wellbeing:

<https://www.nhs.uk/oneyou/every-mind-matters>

<https://cwrise.com/>

<https://ben.org.uk/>

<https://www.youngminds.org.uk/>

<https://www.rethink.org/>

www.mind.org.uk/



Parents can apply for a sunshine lanyard for children with a hidden disability. This means they do not have to wait in queues and can go straight in. Click here/visit site to order one:

<https://hiddendisabilitiesstore.com/?SID=5ebe5860eca442d46ed981c2a4d6e0d2>

www.healthforkids.co.uk - local information for parents with lots of learning activities and games for children!

www.healthforteens.co.uk - lots of information on health and wellbeing for teenagers and young people!

For free beach and sea safety activity packs follow this link from RNLI : https://rnli.org/youth-education/education-resources?_gl=1*5yrr10*_up*MQ..&gclid=EAlaIqobChMI-uaB54OM-QIVQertCh0FUQRQEAAAYASAAEgl7h_D_BwE&gclsrc=aw.ds

REMEMBER, , KEEP WASHING YOUR HANDS MORE FREQUENTLY!



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