

LOCKDOWN 2.0

November 2020

by Rhupinder Kaur



Hello!

Hope you have been keeping well.

We are well and truly in to lockdown 2.0! Things are of course different this time round, and as we were getting settled in to our new normal, we were slightly disheartened with the news as we had trialled a centre-based session with a small group of our young carers which was very successful! But safety first - so we have instead now hung up our keys for a little while as we revert back to working from home and working virtually.

But we are so excited and busy planning for the year ahead, and it feels very bizarre to say that we are almost at the end of what has been a very interesting 2020!

Although we cannot host our fun-loved end of year Christmas Party, we are still thinking of our young carers at this time of year.. So watch this space!

Head over to www.youngcarerscoventry.com for more information about our services, or contact me directly at rhupinder.kaur@carerstrusthfe.org.uk if you have any questions or would like to do more to support young carers in your school.

Stay safe, and thank you for all you are doing to support schools to stay open! We appreciate you ★

ASSESSMENTS

The About Me assessment can determine appropriate caring roles and whether someone actually wants to be a carer. It also explores education, training, leisure opportunities and the future.

Please email youngcarers@carerstrusthfe.org.uk to arrange one for a young carer.

ACTIVITIES

We are still running virtual activities on Discord, Zoom, & activity packs. These have now moved to evenings 5pm as young carers are back at school. We are updating our website regularly with information on how to access our activities.

visit www.youngcarerscoventry.com for more information

YCIS

The young carers in schools programme is running, and can be adapted to suit the needs of your young carers who require additional support right now.

I can provide guidance, virtual materials and support to develop Covid-safe provisions.

contact me at rhupinder.kaur@carerstrusthfe.org.uk to find out more about the programme

www.themix.org.uk

Chats in the next two weeks

Mon	Tue	Wed	Thu	Fri	Sat	Sun
GC SC 16	Ws GC SC 17	GC SC 18	GC SC 19	Ws SC GC 20	SC GC 21	SC GC 22
GC SC 23	Ws GC SC 24	GC SC 25	GC SC 26	Ws SC GC 27	SC GC 28	SC GC 29

When chat is closed

The [discussion boards](#) are always open. You'll need to register to



Group chat

Share what's on your mind with other young people in The Mix's...

themix.org.uk

Support Chat (Thursday)



Talk about anything that's on your mind. A judgement-free zone to get and give advice within a group.



Every Thursday 8 - 9:30pm

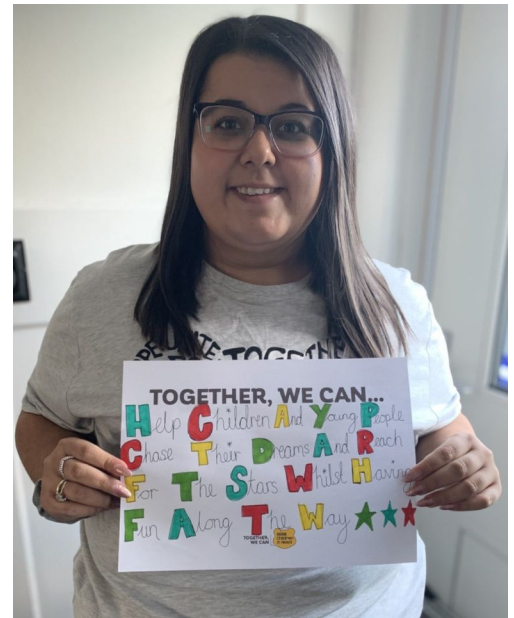
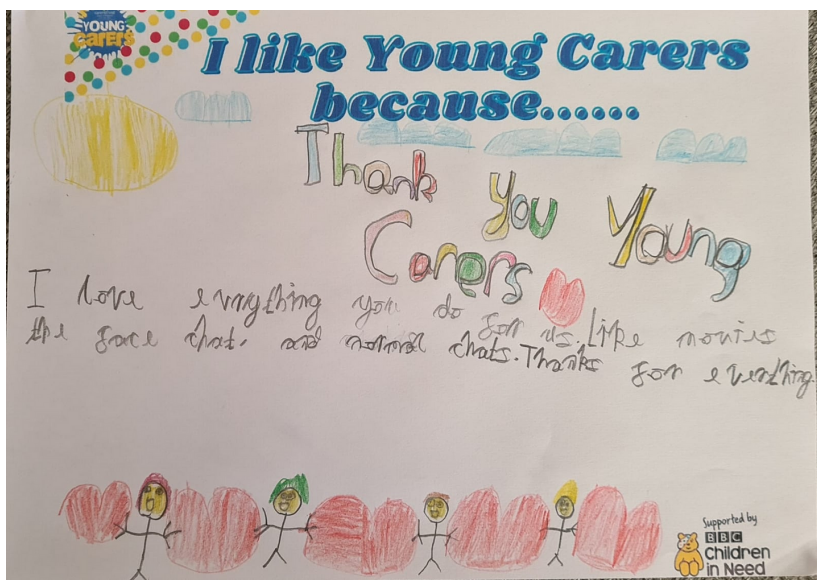
Young Carer's Chat



A space for young carers to get and give support in a group.



Every Friday 8 - 9:30pm



Together we can make a change and improve the lives of young carers in your school. As you may know the activities we provide at the young carers service are funded by Children in Need – and to celebrate we had such a fun (virtual) day!

We had so many pledges come through, and why young carers like coming to our service - check out some of our pictures!

If you celebrated young carers or if you would like to make your very own pledge (it's not too late!) – get in touch for a template and I'd be happy to share on our social media... Don't worry, you don't have to show your face.

You can check out more of our pledges and posts over on our Facebook page @YCCOV and check in to see the other great stuff we have been and will be sharing as we continue to support young carers as much as possible.

Once again, thank you for your support which allows charities like Children in Need to fund activities for our young carers.

