



ANTON BRIDGE NEWS















Gold













Dear Parent's/Carers.

It has been a great few weeks of learning for both pupils, parents and carers! Our Early Years team ran a series of workshops for parents based on Nursery Rhymes this week, thank you to all of the parents who attended, we'll be running more of these sessions throughout the year.

Our Community Hub drop-in sessions for parents have been running for a few weeks now and are designed to offer parents the opportunity to talk to our mentor team. They have links a wide range of resources and services including employment, housing, benefits and financial support. Feel free to drop in to the Community Hub on Thursday afternoons.

Year 2 have been out of school on a field trip this week to apply the knowledge they have learnt in Geography and Art—they have visited Coventry Town Centre and the Cathedral looking at man-made features and architecture.

The cold weather is starting to set in, please ensure that pupils are sent to school with warmer clothing and a coat—write their names in all items to ensure that they can be located if needed.

We would like to extend a very warm welcome to all of the families that have recently joined Stanton Bridge, we look forward to getting to know you all and working alongside you and your children as they progress through school.

We hope you have a great week, we look forward to seeing you all at our upcoming parents evening.

REMINDER:

Flu vaccinations: Wednesday 8th October 2025

Attendance Race

The results for Autumn 1 Week 4

1st Place: Mr Brown (5B) 2nd Place: Mrs Good (6G)

3rd Place: Miss Johal (5J)

It is also important not to be late! Remember, it's up to each one of you to come to school every day to ensure your class scores the highest number of points possible to win the race!

Attendance Race

The results for Autumn 1 Week 3

1st Place: Mr Brown (5B) 2nd Place: Mrs Xue (6X)

3rd Place: Mrs Berling (4B)

It is also important not to be late!

School Stars

Congratulations to our children who gained a Star Award for Growth Mindset



1F: Kevin 1B: Riley 2N: Yaser 2L: Bibihawa 3B: Marko 3G: Hibba 4W: Kovan 45: Dominik 5J: Linh 5B: Fatima

6X: Travon

School Stars

Congratulations to our children who gained a Star Award for Avid Reader

6G: Ali 医法法法法法法法法法法法法法法法法法法法法法法

1F: Gabriel 1B: Anas 2N: Maxim 2L: Bernard 3B: Nell 36: Stella 45: Maida 4W: Lano 5B: Helen 5J: Alaska 6X: Leon 6G: Hayaa

School Stars

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Congratulations to our children who gained a Star Award for Times table Rocke

1F: Yoel 1B: Maida 2N: Jaden 2L: Arsenijs 3B: Bilal 3G: Darren 45: Musa 4W: Devanshu 5J: Riad 5B: Makador 6G: Muzamil 6X: Luca

<u>Key Dates</u>

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Star Awards: Celebrating our children every Friday

Community Hub Drop in: Thursday's from 14:00 until 15:15

Year 3 Birmingham Trip: Wednesday 15th October &

Thursday 16th October

Parents Evening: Wednesday 15th October

Half-term: Monday 27th October - Friday 31st October 2025



October 2025

STANTON BRIDGE NEWSL













IN PEOPLE



Gold









DURING COVID-19



positive mental health and wellbeing for your children and yourselves.

As a school community, we value the wellbeing of all. Staff and pupils have had training to support wellbeing and we know that everyone in school supports each other if they are feeling worried or unhappy. If you have any worries or concerns about the wellbeing of your child, a family member or yourself, please remember you can speak to the school. This includes the class teacher, Miss Cooper (DSL,) or Miss French (wellbeing award lead.)

Action for Happiness

Every month we will be sending out the Action for Happiness Calendar to support and inspire our community to feel the best that they can. Action for Happiness brings people together and provides practical resources. They help each other learn evidence-based skills for happier living, feel a sense of belonging and commit to personal action to create more happiness, for ourselves and oth-

Words of affirmation:

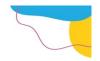
We encourage the children to repeat positive affirmations every day. Try them at home with your family:

I am proud to be a part of this school because everyone cares for each other.

- I am proud of me because I am a caring person.
 I am brave and curious every challenge is a chance to learn and grow.
 I can do anything I put my mind to and I will achieve my dreams and goals.
 I am a thinker, thinking about my thinking helps my brain grow stronger.



Mental Health in Schools Team **Tips For Wellness**



Tips for helping your child with sleep

A healthy sleep routine is essential for children's growth, development, concentration, regulation, immune system, memory and problem-solving abilities. Consistent, quality also reduce the risk of behavioural issues, anxiety and depression. The recommended sleep per night are:

- A. Establish a consistent sleep schedule: Encourage going to bed and waking up at the same time every day, even on weekends, to regulate your child's internal clock.
 2. Create a calming bedtime routine: Activities like reading, a warm bath, or quiet music can help signal that it's time to wind down.

 3. Limit screen time before bed. Turn off TVs, phones, and tablets at least an hour before bedtime, as blue light interferes with melatonin production and sleep quality.

 4. Make the bedroom sleep-friendly: Keep it cool, dark, and quiet. Consider blackout curtains or white noise if needed.

- curtains or white noise if needed.

 5. Encourage physical activity during the day: Regular exercise can help children fall asleep faster but avoid vigorous activity close to bedtime.

 6. Watch what they eat and drink: Avoid caffeine, energy drinks and chocolate in the afternoon and evening, and try not to eat a big meal close to bedtime.

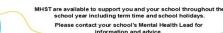
 7. Model healthy sleep habits: Children often mimic their parents, so prioritise your own sleep and show that it's an important part of a healthy lifestyle.

 8. Talk about stress or worries: Create a safe space to discuss anything that might be keeping them up at night.

Top tips for improving your child's sleep:



In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 247, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency for example if medical attention is required.







General

Study bugs - Please ensure you are reporting your child's absences daily using the study bugs app. To download the app you can find this on the school website and click on the link and follow the instructions.

Contact Information - It is your responsibility as a parent to ensure the school office are notified of any change in contact details, such as address, telephone number or email address. This is to enable us to get in touch with you in an emergency but also to ensure you are receiving communication from school through all these platforms.

Dinner money—Reminder dinner money is £2.50
This needs to be paid daily or weekly. If you have an outstanding balance, your child must bring in a packed lunch until this balance has been cleared.

 $\textbf{Free School Meals} \ \textbf{-} \ \textbf{If you} \ \textbf{a} \ \textbf{receive a letter from the council stating your child is}$ eligible for free school meals you must bring this into the office to allow us to update our system.

Lateness—School starts at 8:30am and your child must be present on the school playground ready to be taken to class by their teacher. Please also ensure that you are collecting your child on time at the end of the school day. Any late drop off/collections will result in a fine.

Attendance— It is your legal responsibility to ensure that your child attends school everyday. If for any reason your child can not attend school, you must inform the school office.

Uniform - Please ensure that your child is wearing the correct uniform. This can be purchased from the school office on a Thursday, order forms will need to be completed beforehand.

Parent Code of Conduct

- * Be polite to others no raised voices, screaming or shoutina
- * Contribute to a positive school environment
- * Act as positive role models.
- * Work together with to staff to resolve issues or concerns.

Can all parents ensure you adhere to the above code of conduct whilst on school premises, if other family members or friends are attending on your behalf please ensure they are also made aware.

Failure to adhere to the above is likely to result in a ban from school premises.

All communication from parents should be respectful and socially acceptable.

Due to health and safety protocols please do ensure that your child is not playing

on the school's equipment when collecting them. Thank you.

A polite reminder to all parents that appropriate attire must be worn when dropping and collecting your child to school. Dressing gowns and nightwear are not appropriate. On the first incident you will be spoken with and repeated inappropriate dress code will result in a ban. It is an expectation that as a parent of a pupil of Stanton Bridge, you will fully

engage with the schools policies and procedures in supporting your child's education.

> Remember you can contact us via the schools email: admin@stantonbridge.coventry.sch.uk