

October 23rd 2025

STANTON BRIDGE NEWSLETTER



@stanton_bridge



INVESTORS IN PEOPLE | Gold



Dear Parent's/Carers,

Happy Diwali to all those families celebrating! Pupils learnt about the traditions of Diwali this week in preparation for us celebrating together as a school on Tuesday. A huge well done to Mrs Apoorva and the after-school dance group who performed their Diwali inspired routine, we're so proud of how hard you have worked and thoroughly enjoyed watching you!

Year 3 caught the train to Birmingham City Centre as part of their 'Globetrotters' topic, they explored the various natural and man-made features in the city and looked on depth at the architecture used to create the Bullring. They will use all this knowledge in the weeks to come after half term to further develop their learning in Geography, History and Art.

West Midlands Fire Service visited Year 4 to deliver their 'SPARKS' workshop, aiming to enhance pupils understanding of fire safety in the home. We are very grateful that they can spend time visiting schools - Year 4 had some very interesting questions to ask them about becoming a firefighter and what they do within that role.

Our first parents evening of the year took place last week, thank you to all those parents who attended - we look forward to working together over this academic year and watching the progress each child makes academically, socially and emotionally.

Finally, I wish you all a happy and safe half term, I look forward to seeing you all when we return on Monday 3rd November.

School Stars

Congratulations to our children who gained a Star Award for Responsible Role Model

1F: Maria	1B: Shadia
2N: Jacquie	2L: Amelia
3B: Amira	3K: Shanum
4S: Daniel	4W: Le
5B: Betty	5J: Ayat
6X: Oheneba	6G: Aaliyah

School Stars

Congratulations to our children who gained a Star Award for Super Speller

1F: Ayoub M	1B: Yusuf
2N: Abdul	2L: Bheeshika
3B: Naol	3K: Evangeline
4S: Nuraz	4W: Yazmina
5B: Mohamed S	5J: Ali
6X: Amaarah	6G: Sarah

School Stars

Congratulations to our children who gained a Star Award for Fantastic Hand Writer

1F: Hamdi	1B: Maia
2N: Alia	2L: Zainab
3B: Zian	3K: Lavin
4S: Imaan	4W: Curtis
5B: Alisa	5J: Abdirahman
6X: Alberto	6G: Cameron

Attendance Race

The results for Autumn 1 Week 5

1st Place: Mr Brown (5B)
2nd Place: Mrs Good (6G)
3rd Place: Miss Johal (5J)

It is also important not to be late!
Remember, it's up to each one of you to come to school every day to ensure your class scores the highest number of points possible to win the race!

Attendance Race

The results for Autumn 1 Week 6

1st Place: Mr Brown (5B)
2nd Place: Mrs Berling (4B)
3rd Place: Miss Johal (5J)

It is also important not to be late!

Dates for your Diary

Star Awards: Celebrating our children every Friday

Community Hub Drop in: Thursday's from 14:00 until 15:15

Half-term: Monday 27th October - Friday 31st October

School will re-open on Monday 3rd November



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Our Wellbeing section of the newsletter will be filled with useful ideas, tips and links to help support

Action for Happiness

Every month we will be sending out the Action for Happiness Calendar to support and inspire our community to feel the best that they can. Action for Happiness brings people together and provides practical resources. They help each other learn evidence-based skills for happier living, feel a sense of belonging and commit to personal action to create more happiness, for ourselves and others. <https://actionforhappiness.org/>

Words of affirmation: We encourage the children to repeat positive affirmations every day. Try them at home with your family: **I am proud to be a part of this school because everyone cares for each other. I am proud of me because I am a caring person. I am brave and curious - every challenge is a chance to learn and grow. I can do anything I put my mind to and I will achieve my dreams and goals. I am a thinker, thinking about my thinking helps my brain grow stronger.**



Tips for helping your child with sleep

A healthy sleep routine is essential for children's growth, development, concentration, emotion regulation, immune system, memory and problem-solving abilities. Consistent, quality sleep can also reduce the risk of behavioural issues, anxiety and depression. The recommended hours of sleep per night are:

School age children (5-12 years)
9-12 hours

Adolescents (13-18 years)
8-10 hours

Our top tips:

1. Establish a consistent sleep schedule: Encourage going to bed and waking up at the same time every day, even on weekends, to regulate your child's internal clock.
2. Create a calming bedtime routine: Activities like reading, a warm bath, or quiet music can help signal that it's time to wind down.
3. Limit screen time before bed: Turn off TVs, phones, and tablets at least an hour before bedtime, as blue light interferes with melatonin production and sleep quality.
4. Make the bedroom sleep-friendly: Keep it cool, dark, and quiet. Consider blackout curtains or white noise if needed.
5. Encourage physical activity during the day: Regular exercise can help children fall asleep faster but avoid vigorous activity close to bedtime.
6. Watch what they eat and drink: Avoid caffeine, energy drinks and chocolate in the afternoon and evening, and try not to eat a big meal close to bedtime.
7. Model healthy sleep habits: Children often mirror their parents, so prioritise your own sleep and show that it's an important part of a healthy lifestyle.
8. Talk about stress or worries: Create a safe space to discuss anything that might be keeping them up at night.

Top tips for improving your child's sleep:

Sleep guide for parents:

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays. Please contact your school's Mental Health Lead for information and advice.

We are delighted to share some wonderful news! Stanton Bridge Primary School has been awarded the Wellbeing Award for Schools (WAS).

This is a fantastic achievement, and we are incredibly proud of the dedication and hard work shown by everyone—our pupils, parents, staff, and the wider community.

This has truly been a team effort, and we would like to thank you all for your continued support. Well done, everyone!

At Stanton Bridge, mental health and wellbeing remains a key focus, and we are committed to keeping it at the heart of everything we do.

Miss French
Wellbeing Lead



General

Study bugs - Please ensure you are reporting your child's absences daily using the study bugs app. To download the app you can find this on the school website and click on the link and follow the instructions.

Contact Information - It is your responsibility as a parent to ensure the school office are notified of any change in contact details, such as address, telephone number or email address. This is to enable us to get in touch with you in an emergency but also to ensure you are receiving communication from school through all these platforms.

Dinner money—Reminder dinner money is £2.50

This needs to be paid daily or weekly. If you have an outstanding balance, your child must bring in a packed lunch until this balance has been cleared.

Free School Meals - If you receive a letter from the council stating your child is eligible for free school meals you must bring this into the office to allow us to update our system.

Lateness—School starts at 8:30am and your child must be present on the school playground ready to be taken to class by their teacher. Please also ensure that you are collecting your child on time at the end of the school day.

Any late drop off/collections will result in a fine.

Attendance - It is the parent's responsibility to ensure that your child attends school everyday. If for any reason your child can not attend school, you must inform the school office.

Uniform - Please ensure that your child is wearing the correct uniform. This can be purchased from the school office on a Thursday, order forms will need to be completed beforehand.

Parent Code of Conduct

- * Be polite to others no raised voices.
- * Contribute to a positive school environment.
- * Act as positive role models.
- * Work together with staff to resolve issues or concerns.

Can all parents ensure you adhere to the above code of conduct whilst on school premises, if other family members or friends are attending on your behalf please ensure they are also made aware. Failure to adhere to the above is likely to result in a ban from school premises.

All communication from parents should be respectful and socially acceptable.

Due to health and safety protocols please do ensure that your child is not playing on the school's equipment when collecting them. Thank you.

A polite reminder to all parents that appropriate attire must be worn when dropping and collecting your child to school. Dressing gowns and nightwear are not appropriate. On the first incident you will be spoken with and repeated inappropriate dress code will result in a ban.

It is an expectation that as a parent of a pupil of Stanton Bridge, you will fully engage with the schools policies and procedures in supporting your child's education.

Remember you can contact us via the schools email:
admin@stantonbridge.coventry.sch.uk