

STANTON BRIDGE NEWSLETTER



INVESTORS IN PEOPLE | Gold

@stanton_bridge

From the Head Teacher



Dear Parents/Carers,

Welcome back after a two weeks of family time. Most children have come back rested and ready for learning.

Year 4-6 are very excited about the swimming pool. The intention is to help our children develop life skills and whilst COVID-19 has closed many services down through the lockdown, at Stanton Bridge we have tried to continue giving our children un-interrupted provision. If it becomes very successful, then our intention is to continue to provide this swimming lessons on school site year on year. We will keep you posted.

Finally, can I wish all our families who are observing fasting during this auspicious month of Ramadan, best wishes. If your child is in Yr4-6 and eligible for fasting, please send in a note. Any child in Yr3 and below, will not be allowed to fast in school,

*Mrs. Sofina Islam OBE,
Headteacher & NLE*

Parking

As you will see at the front entrance to school there are some new signs about parking.

As a school we continually ask you and the local community to work with us to reduce the congestion at the main school entrance. We understand that you want to get to school quickly by driving but can we ask you to reconsider and walk to school. It is good exercise and cuts down on congestion and pollution. So is better for everyone's health and well being.

Please look out for the sign they are bright and colourful so we doubt they could be missed.



Attendance Race

So we are proud to announce the winners of the attendance race for spring 2:
1st Independence 2 Miss Emin's class
2nd Aspiration 2 Mr Caldwell's class
3rd Harmony 1 Mr Lillicrapp's class

Well done to all three scored the same number of point so we had to look at the number of lates per class to separate them.

Year 6 nearly took first place from year 2 by scoring a perfect 100% attendance in the final week.



Diary Dates

Please note holiday dates:

May Bank Holiday is 3rd May 2021
Half term for Summer begins Saturday 29th May 2021 and ends on Sunday 6th June 2021
Summer holidays begin Thursday 22nd July 2021

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60-Second Vegtastic Lunchbox Hacks

Veg are a key part of a healthy diet but it can be a real struggle to get kids to eat enough of them. Adding an extra portion or two to their packed lunch will help to up their intake. Try these simple ideas to **veg-pack their lunchboxes** with limited faff.


The basic toolkit:

- Containers (small and lidded for dips, leftovers and more)
- Cutlery (if needed)
- Thermos (any heat-retaining flask is great for soups, baked beans, leftovers, etc.)
- Bamboo kebab sticks (optional, but helpful for making veggies more fun)

Top tip: Know your portions – a child's portion of veg is roughly 50g or what fits into a child's hand.




#LunchboxHacks @VegPowerUK
For recipes, tips and free downloads visit: vegpowers.org.uk



5 easy #LunchboxHacks to add more veg in 60 seconds or less:

- 1. The Salad-on-a-Stick**
Get a bamboo kebab stick and thread an different veg such as cherry tomatoes, cubed cucumber, cubed cooked beetroot, chunks of peppers, raw button mushrooms, crunchy lettuce, etc) in fun colours. If your child isn't a fan of veg, try starting off by alternating veg with cooked meat, cubed cheese, etc to ease them into it.
- 2. The Lunch Crunch**
1 carrot chopped into sticks (or pre-chopped carrot sticks) with a pot of hummus (or their favourite dip) adds a portion of veg.
- 3. The Sandwich Slice**
Slice 5cm cucumber (about the length of a small egg) and add to a sandwich for an extra portion of veg with minimal effort.
- 4. The Helpful Handful**
Add a handful of ready-to-eat snacky veg to a container. Try cherry tomatoes, drained tinned sweetcorn, celery sticks, green beans, cucumber etc.
- 5. The Half-Baked Plan**
Heat through half a tin of baked beans (ideally low sugar and salt) and stick in a heat-retaining flask for an easy veg portion win.

My Favourite veg was:

I ate this many carrots:

I ate this much cucumber:

My Favourite veg was:

This week my rating is:

Top tip: Keep trying! If they are not used to veg in their packed lunch, it may be picked out and ignored on the first few days. The more they see it and interact with it, the more the veg becomes "normal".

For recipes, tips and free downloads visit: vegpowers.org.uk



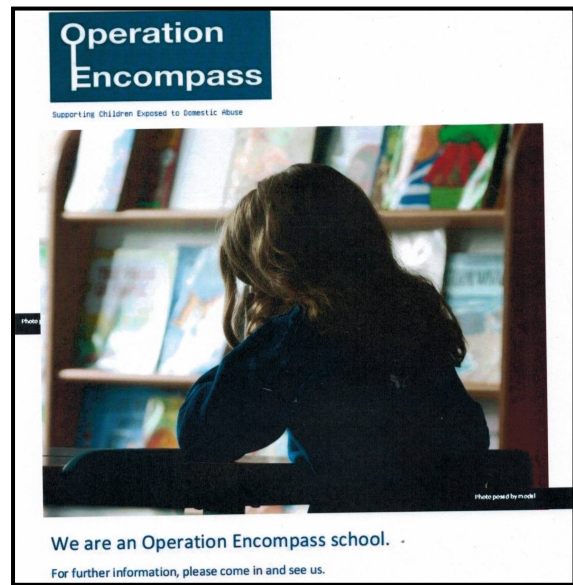
Lost and Found

Keys have been found in school. If you think they may belong to you please visit the reception office in school.

Parents, please ensure that all pupils belongings are clearly labelled with their names so that they are easily recognisable should they get lost.

If you require this newsletter in **LARGE PRINT**

please send a note into school with your child.



Operation Encompass
Supporting Children Exposed to Domestic Abuse

We are an Operation Encompass school.

For further information, please come in and see us.

Remember you can contact us via the schools e mail: admin@stantonbridge.coventry.sch.uk