

# Adult Education Service

## Positive Family Foundations

A free 5-week Family Learning course  
for parents /carers of primary aged children

We will:

- Learn about and reflect on our own and other family units.
- Investigate general theory on parenting styles and family groups.
- Look at practical examples focused on raising happy, safe and secure children.
- Consider how we as parents/ carers use rewards, consequences, rules and expectations.
- Share ideas for having fun with learning focusing on early reading and number.

The sessions will be fun and practical with lots of information, activities, and resources for you to use at home with your family – encouraging a Positive Family Foundation!

- Where:
  - Face to face course at WEETC (Willenhall Education, Employment and Training Centre).
  - Online courses you can attend virtually using MS Teams.

Start date:

Week beginning 21/9/20, lasting for 5 weeks.

- Time:

WEETC- Thursdays 9.30-11.30am (crèche available for pre-school children)

Virtual online courses - various times on Tuesdays

- To find out more or book a place:
  - <https://adulthoodeducation.a365hosted.com> and search 'Family Learning'
  - email [kate.steventon@coventry.gov.uk](mailto:kate.steventon@coventry.gov.uk)
  - call 024 7697 8730