



Coventry Complex Communication Team free workshop sessions for parents and carers of children and young people on the Autism spectrum or with complex communication needs

Each session will be delivered virtually through Microsoft Teams and presented by a specialist practitioner in the field of Autism and complex communication needs. There will be a series of sessions focusing on a range of topics, which include:

- Week 1: Understanding your child and their Autism
- Week 2: Supporting your child with self-care and independence
- Week 3: Supporting your child and their sensory processing differences
- Week 4: Supporting your child and their behaviours
- Week 5: Supporting your child with their learning
- Week 6: Supporting your child with transitions

The aim of each session will be to:

- To raise an awareness of how Autism/CCN affect your child
- To develop a shared understanding of some of the challenges that our children face, and the strengths they can bring
- To increase your confidence in understanding and supporting your child
- To build up a bank of ideas and strategies that can be used to support your child

All sessions are 4.30pm-5.45pm and run half termly. There are also weekly advice clinics that accompany each session, where time slots are allocated to ask specific questions relating to your child.

Please email BSCLimbrickWoodCentre@coventry.gov.uk if you wish to attend these sessions.

Whilst we appreciate you may not be able to attend every session due to work/family commitments; the expectation is that you **must** attend week 1 as this provides the foundation for the remaining sessions, and that you are able to commit to at least three of the following sessions