## **<u>CCT TRAINING OPPORTUNITIES TO SCHOOLS AND SETTINGS</u>**

Training Course Name	Training Course Details	Duration of	Cost of Course
Supporting the Child with Autism in the Classroom/Setting – A Universal+ Approach Delivered at a LA central venue, in a school setting via Microsoft Teams	This training session focuses on the four key areas of difference that need to be considered when working with children and young people with Autism by understanding the individual pupil and their strengths and differences. Identifying key areas to help them build positive relationships with those around them and developing an awareness of the sensory/communication/interaction differences that pupils on	<u>Course</u> Twilight session or part of an INSET day. 1.5-2.5 hours with 0.5 hour of planning/preparatio n. Half a day option.	£84 per hour (2 hours minimum) Can be purchased through subscription, or as a separate purchase. Costing for central
For parents/carers Week 1 - Understanding and Supporting your Child with Autism Week 2 – Supporting your child with self-care and independence Week 3 – Understanding and supporting the sensory differences of your child with Autism Week 4 – Understanding and supporting your child with their behaviours Week 5 – Understanding and supporting your child with their learning Delivered though Microsoft Teams	the Autism spectrum experience. This workshop focuses on the strengths and differences of your child with Autism. It will help develop a shared understanding of some of the challenges that your child faces, whilst enabling you to increase your own confidence in understanding and supporting your child more effectively.	1 hour per week	venue training on request Free to parents/carers, with an additional advice clinic available option

Supporting the Child with Autism in the Classroom/Setting – A Universal+ Approach. Using Social Stories and Comic Strip Conversations as Practical Strategies	<ul> <li>This training session focuses on the four key areas of difference that need to be considered when working with children and young people with Autism by understanding the individual pupil and their strengths and differences.</li> <li>Identifying key areas to help them build positive relationships with those around them and developing an awareness of the sensory/communication/interaction</li> </ul>	One full day	£84 per delegate attending. Can be purchased through subscription or as a separate purchase
Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>differences that pupils on the Autism spectrum experience.</li> <li>To understand how social stories and comic strip conversations can effectively be used in support of developing social awareness and understanding.</li> <li>To understand the value of using these strategies and to explore how they are structured; with modelled examples and a workshop supporting how to write them.</li> </ul>		Costing for central venue training on request
Supporting the Child with Autism in	This training session focuses on an enhanced in-depth	One full day	£84 per delegate
a Mainstream Classroom/Setting – A	understanding of Autism and exploring how and why children		attending.
Universal+ and Targeted/Higher	and young people on the spectrum think, learn feel and behave		Can be purchased
Needs Approach.	the way they do.		through subscription
Thinking, Learning and Behavioural	Provides guidance, practical strategies and a resource trail to		or as a separate
Differences	support staff in their understanding and to improve their own		purchase.
Delivered at a LA central venue, a	practice in working with pupils on the Autism spectrum.		Costing for central
school setting or via Microsoft			venue training on
Teams			request
Understanding the Sensory	This training session supports staff in gaining a better	Twilight session or	£84 per hour
Differences of Children on the	understanding and insight into some of the sensory differences	part of an INSET day.	(2 hours minimum)
Autism Spectrum	experienced by children and young people on the Autism	1.5-2.5 hours with	Can be purchased
	spectrum.	0.5 hour of	through subscription
Delivered at a LA central venue, a	It provides support in developing a bank of strategies and	planning/preparatio	or as a separate
school setting or via Microsoft	how to implement and monitor a sensory diet.	n	purchase.
Teams	<ul> <li>To explore the eight sensory systems and how pupils</li> </ul>	Half day option	
	process, interpret, and organise this information	available.	

	<ul> <li>To build a bank of strategies to support your pupils in managing their sensory differences and needs</li> </ul>		Costing for central venue training on request
Understanding and Supporting Girls on the Autism Spectrum Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>This session is designed to explore how girls on the Autism Spectrum may present and the fundamental differences between girls and boys on the spectrum.</li> <li>To consider how they may be effectively supported within settings through practical strategies and interventions</li> <li>To develop a shared understanding of girls on the Autism spectrum</li> <li>To consider strengths and differences of girls with Autism</li> <li>To develop a bank of strategies you may be able to use to support girls with ASC</li> </ul>	Twilight session or part of an INSET day 1.5-2.5 hours with 0.5 hour of planning/preparatio n. Half day option available.	£84 per hour (2 hours minimum) Can be purchased through subscription as a separate purchase. Costing for central venue training on request
Using Visuals and Structure to Support Children on the Autism Spectrum Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>This session is designed to explore how to use structure in the environment and for effective communication.</li> <li>How to use structure in the learning environment.</li> <li>How to structure and present routines, tasks and activities</li> <li>Explore structure as a means of communication</li> <li>To build up a bank of strategies that can be used to support children with autism in the mainstream classroom</li> </ul>	Twilight session or part of an INSET day. 1.5-2.5 hours with 0.5 hour of planning/preparatio n	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase
Using Social Stories and Comic Strip Conversations as Strategies to support Children with Autism Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To understand how social stories and comic strip conversations can effectively be used in support of developing social awareness and understanding.</li> <li>To understand the value of using these strategies and to explore how they are structured; with modelled examples and a workshop supporting how to write them.</li> </ul>	Twilight session or part of an INSET day. 1.5-2.5 hours with 0.5 hour of planning/preparatio n Half day option available.	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase. Costing for central venue training on request

Identifying and Supporting the Child with Social Communication and Interaction Differences Delivered at a LA central venue, a school setting or via Microsoft <u>Teams</u> Understanding and Supporting Autism and Anxiety Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To consider how we communicate and interact using verbal, non-verbal and social communication</li> <li>To understand the communication differences experienced by children and young people with Autism and to consider a range of strategies aimed at supporting these differences.</li> <li>To understand how and why children and young people with Autism experience anxiety and to explore and develop a range of strategies in order to support them.</li> <li>To raise your understanding of how anxiety impacts on individuals with ASC</li> <li>To explore how the behaviour we observe in pupils with Autism can be linked to increased levels of anxiety</li> <li>To interpret anxiety 'enforced' behaviours</li> <li>To identify a range of strategies that could be used in the management of anxiety experienced by pupils with Autism</li> </ul>	Twilight session or part of an INSET day. 1.5-2.5 hours with 0.5 hour of planning/preparatio n Twilight session or part of an INSET day 2.0-2.5 hours with 0.5 hour of planning/preparatio n. Half day option available	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase £84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase. Costing for central venue training on request
Understanding and Supporting Autism and Behaviours Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To understand behaviours that challenge, by exploring strategic and individualised systems that support understanding and practical approaches to manage responses. To understand reasons for behaviours and identify practical strategies and resources that can be used by staff.</li> <li>To raise your understanding of pupils' behaviours in relation to their complex communication/emotional needs</li> <li>To explore reasons why a pupil might behave like they do</li> <li>To recognise the importance of emotional understanding and regulation</li> <li>To share key strategies in behaviour management</li> </ul>	Twilight session or part of an INSET day. 2.0 – 2.5 hours with 0.5 hour of planning/preparatio n Half day option available	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase. Costing for central venue training on request

Autism and Pathological Demand Avoidance/Demand Avoidance Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To develop a shared understanding of Autism with Pathological Demand Avoidance/ demand avoidance.</li> <li>To explore and understand the impact of demand avoidance on the child and in the school environment</li> <li>To develop a toolkit of strategies and interventions appropriate for the management of children and young people with Autism and demand avoidance.</li> </ul>	One full day	£84 per delegate attending. Costing for central venue training on request
Autism and Attachment Disorder Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To develop a shared understanding of Autism with Attachment Disorder – the similarities and differences</li> <li>To learn about the different Attachment styles and how these impact on a child's learning</li> <li>To explore the impact of Attachment Disorder in the school environment and the effect on the child</li> <li>To identify strategies &amp; interventions appropriate for the management of children with Autism and Attachment Disorder</li> </ul>	Twilight session or part of an INSET day. 2.0 – 2.5 hours with 0.5 hour of planning/preparatio n Half day option available.	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase. Costing for central venue training on request
Supporting Transitions and Inflexibility of Thought and Behaviour Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To explore the behavioural and cognitive rigidity and inflexibility experienced by children and young people with Autism.</li> <li>To understand reasons for rigidity and to develop support systems using strategies and a resource bank.</li> </ul>	Twilight session or part of an INSET day. 1.5-2.5 hours with 0.5 hour of planning/preparatio n	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase
Parent training in Understanding Autism Delivered at a LA central venue, a school setting or via Microsoft Teams	Working alongside parents/carers in order to develop a shared understanding of the differences and strengths their child with Autism has. To increase parents'/carers' confidence in supporting their children and build a bank of strategies with which to do so.	Twilight session or part of an INSET day. 1.5 hours with 0.5 hour of planning/preparatio n	Can be purchased through subscription or as a separate purchase

Lego Therapy/Club Training for Staff Delivered at a LA central venue, a school setting or via Microsoft Teams	A training session delivered to staff who are interested in running Lego Therapy/construction clubs as interventions in school. The session demonstrates how to effectively deliver the Lego Therapy/construction club programme as a pupil intervention in schools and settings.	Twilight session or part of an INSET day. 1.5–2.5 hours with 0.5 hour of planning/preparatio n	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase
	Lego therapy is a social development programme for children and young people with Autism and social communication differences. It uses children's love of playing Lego to help them develop social communication skills. It helps develop turn taking, sharing of attention and objects, empathy with others, problem solving, joint attention, and interaction and collaboration skills with others.		
Yoga and Mindfulness – reducing anxiety and promoting well-being Delivered at a LA central venue, a school setting or via Microsoft Teams	A whole day's training, or set of four twilight sessions, looking at using Yoga postures and breathing and mindfulness, as part of the relaxation technique tool-box for <b>ALL</b> children and young people, with particular attention to those with SEND.	Twilight sessions or whole day INSET	£84 per hour Can be purchased through subscription or as a separate purchase
Understanding and Supporting Pupils with Profound and Complex Needs in a specialist or Mainstream Setting Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To raise awareness of the complex needs and challenges experienced by children on the Autism Spectrum, through an understanding of some of their strengths and differences, using case studies to highlight and support these.</li> <li>To explore practical classroom strategies in support of these differences and therefore increase confidence in providing an appropriate, inclusive and communication friendly learning environment</li> </ul>	One full day Half day option available.	£84 per delegate attending. Costing for central venue training on request

Understanding and Supporting the Co-occurrence of Autism and ADHD Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To increase your understanding of the co-occurring conditions ASC and ADHD</li> <li>To explore the challenges and strengths children and young people experience with ASC and ADHD</li> <li>To understand the co-occurring behaviour and learning and behaviour profiles of children and young people with Autism and ADHD, by exploring the strengths and differences of each.</li> <li>To identify a bank of effective strategies and techniques that can be successfully used in support of children and young people with Autism and ADHD.</li> </ul>	Twilight session or part of an INSET day. 1.5–2.5 hours with 0.5 hour of planning/preparatio n Half day option available	£84 per delegate attending. Costing for central venue training on request
Understanding and Supporting the Child or Young Person with ADHD Delivered at a LA central venue, a school setting or via Microsoft Teams	<ul> <li>To increase your understanding of Attention Deficit Hyperactivity Disorder (ADHD)</li> <li>To explore the challenges and strengths children and young people experience with ADHD</li> <li>To begin to build up a bank of 'Top Tips' and strategies, in order to better support children with ADHD</li> </ul>	Twilight session or part of an INSET day. 1.5–2.5 hours with 0.5 hour of planning/preparatio n Half day option available	£84 per delegate attending. Costing for central venue training on request
Using the Intensive Interaction Approach with Children and Young People on the Autism Spectrum	<ul> <li>To understand the process of intensive interaction and its effectiveness as a successful intervention for children and young people with Autism and complex communication needs</li> <li>To explore the fundamentals of communication and the techniques and resources used in intensive interaction</li> <li>To see examples of strategies and techniques using special time and 1:1 engagement</li> </ul>	Twilight session or part of an INSET day. 1.5–2.5 hours with 0.5 hour of planning/preparatio n Half day option available	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase Costing for central venue training on request

Using Attention Autism as an Approach with Children and Young People on the Autism Spectrum	<ul> <li>Consider how the technique of Attention Autism can be used to encourage and facilitate pupils to engage in meaningful attention and focus, shifts in attention, social interaction, turn taking and collaboration with those around them</li> <li>To explore how Attention Autism helps increase a child's skills in communicating in a reciprocal manner, in turn taking, engaging in shared attention, following instructions and developing the concept of empathy</li> <li>To look at how the Attention Autism programme progresses through a series of stages, building on each skill level at a time</li> </ul>	Twilight session or part of an INSET day. 1.5–2.5 hours with 0.5 hour of planning/preparatio n Half day option available	£84 per hour (2 hours minimum) Can be purchased through subscription or as a separate purchase Costing for central venue training on request
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